

AYSO Teaching Plan

for the

Safe Haven Referee Certification Course

Instructor

Must be

- At least a Grade 5 Regional Teacher,
- Regional Referee Course Graduate, and
- must have attended and completed the Safe Haven Referee Certification Course

Course Goal

To prepare volunteer referees to work together with coaches to provide children with a Safe, Fair and Fun environment in which to play AYSO soccer. And to teach them the skills and values that are associated with the effective and appropriate refereeing of youth soccer matches.

Learning Objectives

- To know AYSO culture and apply its philosophy
- To understand the social/psychological aspects of officiating youth soccer
- To learn how to manage a match to minimize the risks associated with playing and refereeing the sport
- To become familiar with basic injury prevention care and management
- To acquire an understanding of blood-borne diseases and of how to deal with participants who are bleeding
- To know how the AYSO Soccer Accidents Insurance works
- To gain an understanding of the issues of alcohol, tobacco and other drugs as they apply officiating youth soccer
- To become familiar with and learn how to manage risks associated with officiating youth soccer.

Equipment and Materials

- Course roster
- Flip Chart and markers
- Hand outs
- AYSO Safe Haven Referee Certification Program Manual (one per student)
- AYSO Safe Haven Referee Certification Program Test (one per student)
- The Soccer Accident Insurance pamphlet (one per student)
- Overhead Vu-Graphs or disk with Power Point Presentation
- Overhead Projector
- Anything else that may be needed, like Lap Top Computer, TV, VCR, refreshments etc.

Order of Presentation:

- AYSO Culture and how to apply its Philosophy
- Social/psychological Aspects of Refereeing
- Match Management
- Basic Injury: Prevention, Care, and Management
- Blood-borne diseases
- AYSO Soccer Accident Insurance
- Issues of alcohol, tobacco and other drugs and the Role of the Referee
- Risk Management and Scope of Legal Responsibility of the Referee
- Aspects of Participation as an Official in Youth Sports.

Lesson Plan: AYSO Safe Haven Referee Certification

Introduction

Introduce yourself, your co-instructors, and any guest.

Describe the purpose of the course and its anticipated length, whether or not any breaks are planned, and what the students can expect to do when they complete the course.

Instructor notes:

A Microsoft Power Point program or overhead vu-graphs of the program are available from the AYSO Education Department. One of these should be used when presenting this certification course.

As an AYSO Instructor you will be responsible to present the AYSO Safe Haven Referee Certification program. As is true in most activities, the quality of planning affects the quality of results.

This course was adapted from a course created for the certification of coaches created from the National Standards For Athletic Coaches as a result of a project facilitated by the National Association for Sport and Physical Education (NASPE).

The National Standards for Athletic Coaches are intended to provide direction for administrators, coaches, athletes and the public regarding the skills and knowledge that coaches and others who deal with young athletes should possess

The National Standards are viewed as part of an accumulation of knowledge, skills, and values that are associated with effectively and appropriately coaching and otherwise working with athletes.

In order to accomplish the above, it is imperative that all Instructors cover the material contained in the *AYSO Safe Haven Referee Certification Program Manual* - The material in the Manual meets all of the National Standards required by NASPE as they apply to referees.

The Instructor **MUST** cover the material as it is written in the *AYSO Safe Haven Referee Certification Program Manual*, if AYSO is to maintain its accreditation with NASPE.

Time:

The entire classroom portion of AYSO Safe Have Referee Certification should never exceed one hour.

Course Manual:

You can pass out the *AYSO Safe Haven Referee Certification Program Manual* right after you have concluded your introduction. This will allow your students to follow along and ask for clarification if needed. If you prefer you can pass out the manual at the end of the course.

AYSO Culture and how to Apply its Philosophy.

You must emphasize the importance of the AYSO Culture and how its philosophies impact how a referee officiates in an AYSO program.

Social/Psychological aspects of Refereeing:

Explain how referees can assist coaches to instill appropriate values in the children who participate in the AYSO program.

Match Management:

Explain the referee's responsibilities as they apply to managing the match and ensuring all the proper requirements for players, coaches and referees are met.

Basic Injury, Prevention, Care, and Management.

All elements of Basic Injury, Prevention, Care, and management must be covered to include:

- Environmental Conditions
- Physical Surroundings
- Injury Prevention

The Referee's Responsibilities:

- Explain that referees must ensure that:
 - players are properly supervised (each team must be supervised by an adult coach before the match can be started)
 - a written record of all injuries and safety issues is kept

Blood-borne diseases:

Dealing with Blood-borne diseases has been a topic that was best left to the experts. However, to maintain our accreditation AYSO is committed to giving all AYSO coaches and referees an understanding of:

- Contracting a Blood-Borne Disease
- How minimal is the risk
- Precautions for dealing with the blood
- AYSO guidelines and rules for dealing with blood
- NCAA Sports Medicine Handbook Recommended Procedures

AYSO Soccer Accidents Insurance (SAI)

All AYSO referees need to know

- How to File an SAI Report
- Policy limits
- Who is covered
- What is covered

Note: It is acceptable to pass out the *AYSO Soccer Accidents Insurance* booklet and instruct your students to become familiar with the contents.

Issues of Alcohol, Tobacco and other Drugs:

Adults working with children must have a working knowledge of the:

- Legal issues associated with alcohol, tobacco and other drugs and the role of the coach when it comes to alcohol, tobacco and other drugs.
- Risk Management as it applies to coaches and other officials
- All referees must understand the scope of the legal responsibilities that come with assuming a refereeing position in AYSO,

Aspects of Participation as a Referee in Youth Sports:

All AYSO referees must understand the role athletics play in developing the complete person. An understanding must be developed that each referee must:

- Treat each athlete as an individual with unique needs
- Convey the inherent benefits associated with athletics
- Develop sportsmanship in players
- Model ethical conduct
- Develop effective motivational skills
- Understand the social and emotional reasons players participate

- Enhance the physical, social and emotional growth of athletes
- Participate in continuing education

Conclusion:

Have all participants complete the Course Test.

Explain that this concludes the AYSO Safe Haven Referee Certification specific portion of referee training.

The sport specific portion of referee training is an ongoing process from Assistant Referee through National 1 Referee and will, if it has not already been completed, follow this certification course.

- Ensure participants have all handouts and have completed the Course Test
- Make sure roster is complete and tests are collected
- Make administrative announcements, including dates, time and location of sport specific referee training, if necessary
- Thank volunteers for their participation in the program, and finally
- Send completed roster and Course Tests to the AYSO National Support and Training Center at:

12501 S. Isis Avenue, Hawthorne, CA 90250, Attn.: Education Department.

Phone 1-800-USA-AYSO (872-2976)

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